



Life for All

A Quarterly Newsletter of Christian Medical Association of India



Evangelical Hospital, Khariar celebrated Healing Ministry with prisoners at the Khariar Jail



PROGRAM ALERT!

Nurse Practitioner in Midwifery Educator Programme

Are you a nurse who is interested in teaching?
Ignite Your Passion for Midwifery Education!

Step into the role of a Midwifery Educator and inspire the next generation of midwives. Join the Nurse Practitioner Midwifery Educator Training Programme at Fernandez Hospital and embark on an 18-month journey of immersive, onsite training. Learn from world-class International and National Midwifery Educators and elevate your career to new heights!



Eligibility:

- MSc Nurses with a specialisation in Obstetrics and Gynaecology, Paediatrics, or Community Health
- BSc Nurses & Nurse Practitioners in Midwifery with a minimum of 2 years of clinical maternity experience
- Age limit: 45 years

APPLY TODAY! Programme starts: **01 Aug 2024**

What You'll Gain:

- Comprehensive Midwifery Educator training
- The ability to practice as a midwife
- Expertise to train and mentor aspiring midwives
- Lead and contribute to Research & Development



PROGRAM ALERT!

Professional Midwifery Education and Training Programme

Are you a dedicated Nurse (GNM/B.Sc) with at least one year of clinical experience?

Take the leap and become a certified Midwife specialising in low-risk pregnancies! Train to be a Professional Midwife and work at Fernandez Hospital.

Programme Highlights:

- Duration: 18 months
- Learn from the Best: International and National Midwifery Educators offering a global perspective
- Become a Compassionate Caregiver: Lead the Midwifery Revolution in India
- Work at Fernandez Hospital

Limited seats available **APPLY TODAY!**
Programme starts: **01 Aug 2024**

Embark on this Exciting Journey NOW!

Why Join Us?

- **Specialised Skills:** Gain expertise from renowned International Midwives and Experts
- **Be a Trailblazer:** Make a real difference in maternity care



"Perfect Peace"
Ephesians 2:14



**Christian
Medical
Association of
India**

www.CMAI.org

BUILDING A JUST AND HEALTHY SOCIETY SINCE 1905



CMAI Focus Areas:



**MEMBERSHIP
STRENGTHENING**



**NETWORK
& EXPANDING**



**LEADERSHIP
DEVELOPMENT**



EDUCATION



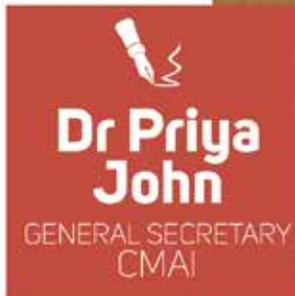
**CHURCH
PARTNERSHIP**



**POLICY ENGAGEMENT
& RESEARCH**

CMAI is a membership organization bringing Christian healthcare professionals and institutions involved in health, healing and wholeness on a common platform. Our services, which include training, education, and access to ethical, affordable and quality healthcare, are available to all. CMAI's membership is divided into five sections for focussed and strategic growth;

Administrators | Allied Health Professionals | Chaplains | Doctors | Nurses League.



Ephesians 2:14 (NIV), “For he (God) himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility.”

Christ is peace, who destroys barriers and removes hostility.

This verse conveys a profound message about the transformative work of Jesus Christ in reconciling formerly hostile groups and fostering unity. It speaks of peace not only between individuals but also among diverse groups.

This year the theme of Healing Ministry reminds us that He is the embodiment of perfect peace, not merely a provider of it. In a world filled with conflicts, divisions, and hostility, Jesus stands as the unifying force that brings people together.

The root causes of hostility, such as socio-economic disparities, political oppression, cultural misunderstandings, and historical grievances, we can work towards creating a society where peace thrives.

This year the theme is profound and it becomes clearer in purpose as our member institutions shall continue to gather and celebrate beyond the Healing Ministry Week and Healing Ministry Sunday. This brings us a lot of joy.

Thank you for your prayers and support. ■

CMAI: THE HEALING MINISTRY 2024 PERFECT PEACE

~ Rev David Ebenezer | Chaplains' Section ~



The Healing Ministry Week of 2024, observed from February 11th to 17th, was a week that resonated deeply within the hearts of many. The theme “Perfect Peace” was chosen to guide the faithful through a journey of spiritual calm and unity.

Preparations began well in advance. Posters and Bible Study materials were meticulously printed and dispatched to a network of churches, CMAI individual members, and institutions. The order of worship was prepared in multiple languages: English, Hindi, Malayalam, Telugu, Tamil, Kannada, Punjabi, Marathi, and Oriya were uploaded on the CMAI website to ensure accessibility for all. The printed materials were exclusively in English, serving as a universal touchstone. However, CMAI Communication Department to create a dedicated HMW webpage, which was shared with all regional zones to broaden the reach of the ministry.

The CMAI Healing Week was officially launched with an insightful presentation by Dr Priya John, who shared the ongoing and

future activities of the CMAI. On February 11th, I had the privilege of delivering a sermon on “Perfect Peace” at the Mateer Memorial CSI Church, Trivandrum. The church was filled with congregants who listened intently, finding solace and inspiration in the message. From February 12th to 16th, our journey continued to visit various CMAI institutions in Kerala to spread the message of “Perfect Peace.” Each visit was an opportunity to connect with communities, offer guidance, and share the comforting presence of God’s word.

The support for the Healing Ministry was overwhelming. Generous contributions came in from individuals, CMAI institutions, and churches, demonstrating a shared commitment to the ministry’s goals. In recognition of this support, the CMAI staff held a special online service on February 21st. This service, followed by an online prayer session within the CMAI premises, was a moment of unity and reflection, bringing everyone together in spirit. Reports from across the country poured in, each narrating the story of how Healing

Ministry and Healing Ministry Sunday were celebrated in diverse venues. Even after the official week ended, the momentum continued. Invitations from churches to celebrate Sunday Healing Ministry kept arriving.

A significant milestone was achieved when, after a prolonged interval, the Healing Ministry Sermon "Perfect Peace" was included in the CSI Almanac 2024. This publication ensured that the sermon would reach an even wider audience, strengthening its message of peace and healing in the annals of faith.

The Healing Ministry Week of 2024 was not just a series of events but a profound journey of faith, community, and the enduring power of "Perfect Peace." Through the dedication of many, the ministry's message touched countless lives, fostering a spirit of unity and healing that would be remembered for years to come. In the dynamic landscape of healthcare, administrators are pivotal in driving excellence and innovation. Our role extends beyond management to encompass leader-

ship, advocacy, and community engagement. Professional Development with Continuous learning through workshops and advanced courses is crucial for staying abreast of industry trends. Networking and Collaboration by Building strong networks with peers facilitates the sharing of best practices and innovative solutions. Advocacy and Community Engagement Championing policies and participating in community health initiatives enhance healthcare delivery and build trust. Ethical Leadership by upholding transparency, accountability, and integrity is fundamental. Innovation and Research by embracing new technologies and research methodologies is key to addressing emerging challenges and improving patient outcomes.

By committing to these principles, we can lead healthcare administration towards a future of excellence and compassion. Based on these guiding principles, the section successfully coordinated several workshops and continuing education programs for our members. ■

NAVIGATING THE FUTURE OF HEALTHCARE ADMINISTRATORS: A CALL TO EXCELLENCE

~ Ms Elsy John | Administrators' Section ~

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CMAI LABORATORY UPSKILLING AND ENHANCEMENT (CLUE)



CLUE is a customized two-day hands-on workshop for Laboratory Upskilling and Enhancement with the objective of moving towards quality accreditation. Topics are added to the programme as per the requirement of the Laboratory making it effective and relevant.

A team of laboratory experts from the CMAI Laboratory Training Committee as well as

from the Senior Technicians from various member hospitals as resource persons join and participate in this program.

First workshop under CLUE was held on 8th and 9th March 2024 at Christian Hospital Bissamcuttack, Odisha. ■

CREATE GREAT PATIENT EXPERIENCES

The two-day workshop on Excellence in Patient Experience, hosted at Bangalore Baptist Hospital on February 2nd and 3rd, 2024, was a collaborative effort between Christian Medical Association of India (CMAI) and the hospital.

Initiated by Mr. Sunny Kuruvilla, Chairperson of the Administrators section, the event gathered 103 participants representing 26 institutions, aiming to empower healthcare leaders in non-profit mission hospitals across India to enhance patient experiences. Sessions led by industry experts such as Mr. Mohan Kumar PK from the TATA/TAJ Group of Hotels and Dr. Naveen Thomas from Bangalore Baptist Hospital provided valuable insights into adapting hospitality principles and understanding patient needs.

Additional topics covered included "Patient concerns and feedback management" by Dr. Manju Chacko, "Non-negotiable behaviours for healthcare staff" by Ms. Seema Das, and discussions on organizational culture, led by Dr. Sunil Chandy. Mr. Babu Koshy further enriched the discourse with strategies for staff empowerment.

The workshop concluded with a valedictory session, acknowledging the contributions of speakers and participants. Overall, the event provided a comprehensive platform for attendees to gain practical strategies and insights for driving positive changes in patient care delivery within their respective organizations. ■

Emerging Trends in Allied Health Education

~ Mr Lyric Abraham | Allied Health Professionals' Section ~



CMAI Being the pioneers in Health Care Education, we always look forward to the future now. Since 1927 with our first certificate program in Medical Laboratory Technician to the current 30 different allied health professional courses conducted in 60 different hospitals across India, under the aegis of CMAI Central Education Board, CMAI has always given importance to hands-on training and an extensive gold standard curriculum. Below are a few new trends we have to keep watch on.

1. Interprofessional Education (IPE): Collaborative practice is becoming increasingly important in healthcare. IPE focuses on preparing health professionals to work effectively in interdisciplinary teams. By learning alongside colleagues from different disciplines, students gain a better understanding of each other's roles and develop skills for collaborative patient care.

2. Longitudinal Integrated Clinical Education: Traditionally, clinical education has been

delivered in blocks or rotations. However, there's a shift toward longitudinal integrated clinical education. This approach involves students spending extended periods in clinical settings, allowing them to follow patients over time and gain a deeper understanding of chronic diseases and community-based care.

3. Remote Learning and Hybrid Education Models: The COVID-19 pandemic accelerated the adoption of remote learning and hybrid education models in allied health education. Many programs have implemented online coursework, virtual simulations, and remote clinical experiences to ensure continuity of education during times of disruption.

4. Lifelong Learning and Continuing Education: Healthcare is a constantly evolving field, and allied health professionals must engage in lifelong learning to stay current with new developments and best practices.

Educational programs emphasize the importance of continuing education and providing

resources for professionals to enhance their skills throughout their careers.

5. Cultural Competency and Diversity: As healthcare becomes more diverse, cultural competence is crucial. Allied health education programs emphasize cultural awareness, sensitivity, and the ability to provide equitable care to patients from various backgrounds.

6. Evidence-Based Practice (EBP): EBP remains a cornerstone of allied health education. Students learn to critically evaluate research, integrate evidence into practice, and make informed clinical decisions.

7. Flexibility and Work-Life Harmony: The modern workforce seeks flexibility. Allied health programs are exploring ways to accommodate students' needs while maintaining high-quality education. This includes flexible scheduling, online learning options, and work-life balance support.

8. Global Perspectives: Healthcare is interconnected globally. Allied health students benefit from exposure to international healthcare systems, cultural differences, and global health challenges. This broadens their perspectives and prepares them for a globalized healthcare environment.

Remember that these trends are continually evolving, and it's an appeal to the New

National Commission for Allied and Healthcare Professions to streamline the existing fragmented curriculums and methods and give utmost importance to hands-on training.

If you'd like more in-depth information, feel free to explore the references provided! ■

References:

1. Allied Health Education: Current and Future Trends
2. Embracing Change: How 21st-Century Trends Are Reshaping the Allied Health Workforce
3. The future of health professions education: Emerging trends in the ...

Methodist Church Medical Committee and DDMM Heart Institute, Nadiad in Gujarat successfully conducted Blood donation camp at Jr. Methodist Church Wing Nadiad, Gujarat on 11th February 2024.



Christian Hospital, Nabrangpur received the Chief Minister's Award for Excellence in Healthcare Services. 1st position for commendable health services under Biju Swasthya Kalyan Yojna 2021-22.

KCHON – South Zone (City Forum)

On February 11, 2024, the CMAI Kerala Region organized KCHON South Zone (City Forum) at TJM Hall, LMS Compound, Thiruvananthapuram, bringing together staff from 18 member institutions based in Thiruvananthapuram and Kollam district.

With a total of 96 participants, the event aimed to serve as an interactive platform for fostering constructive discussions, sharing information, and promoting fellowship and cooperation among institutions engaged in the healing ministry.

Dr. Priya John, General Secretary of CMAI, inaugurated the meeting, which was chaired by Ms. Rosy Marcel, Regional Secretary of CMAI Kerala Region. The main topic of discussion centered around the mission hospital's past, present, and future, with Dr.

Bennet Abraham, Regional Sectional Secretary of the Doctors Section, serving as the key resource person. The open discussion was led by Dr. Priya John, Ms. Rosy Marcel, and Dr. Bennet Abraham, Maj. Beena Antony, Rev. Zwingly Das, and Ms. Elsy John facilitated a productive exchange of ideas and insights.

The positive outcome of the KCHON was the building a good rapport within the institutions, fostering stronger connections and collaboration among the participating healthcare organizations. Plans for a follow-up meeting are currently underway to continue nurturing this sense of fellowship and cooperation among Christian healthcare institutions in the region. ■

STANDARD OPERATING PROCEDURES

On 23rd January, 2024, the Goodsam Medical Centre in Theni, Tamil Nadu hosted an event focused on the development of Standard Operating Procedures (SoP) organized by Christian Medical Association of India (CMAI).

The programme aimed to equip the hospital staff with the necessary knowledge and skills to establish SoP tailored to their institution's needs. With a total of 25 participants, including various staff members, the event was well-attended. The main agenda of the event revolved around discussions led by Ms. Anitha, Deputy Nursing Superintendent from Christian Fellowship Hospital, Oddanchathram.

Ms. Anitha shared insights and strategies on how to effectively set up SoP for healthcare facilities, drawing from her extensive experience in the field. The primary outcome of the

event was the empowerment of the member institution, Goodsam Medical Centre, to strengthen its operational framework through the implementation of SoP. Attendees were encouraged to apply the knowledge gained to enhance the efficiency and quality of services provided by the hospital.

As a follow-up action, participants were tasked with initiating the process of developing SoP tailored to their specific departmental needs within the hospital. Immediate feedback from the attendees highlighted appreciation for the insightful presentations and the practical relevance of the discussions.

Overall, the event served as a valuable platform for knowledge exchange and capacity building, paving the way for enhanced operational standards at Goodsam Medical Centre. ■

GREENING HEALTHCARE: SUSTAINABLE PRACTICES FOR MEDICAL FACILITIES

~ Dr Abhijeet Sangma | Doctors' Section ~



“God saw all that he had made, and it was very good.” (Genesis 1:31). This verse reminds us of the beauty and perfection of God's creation, a creation we are called to steward and protect.

On June 5th, we will be celebrating the **World Environment Day**, a global event dedicated to encouraging awareness and action for the protection of our environment. This year's theme emphasises land restoration, desertification, and drought resilience, highlighting the urgent need to rehabilitate degraded land and build resilience against drought. In line with this, the healthcare sector, known for its high energy consumption and significant waste generation, must embrace environmental sustainability.

Through this article, let us explore how healthcare facilities can implement sustainable practices, aligning their efforts with Christian values of stewardship and care for creation.

The world faces significant environmental challenges, including climate change, pollution, and resource depletion. The healthcare sector, while providing essential services, contributes considerably to these issues. Hospitals and clinics are major consumers of energy, and they generate vast amounts of waste, including hazardous materials that require careful disposal. Consequently, the healthcare sector has a crucial role in mitigating its environmental impact, not only to protect the planet but also to enhance patient health and community well-being.

This year's theme emphasised the urgent need for restoration and protection, calling on individuals and organisations to reassess their environmental impact. Healthcare facilities can play a pivotal role by adopting sustainable practices. Engaging in World Environment Day activities can highlight the healthcare sector's dedication to a healthier planet. I am aware of several hospitals within the CMAI

network that have reduced energy consumption and managed waste effectively, serving as exemplary models for others.

The call to care for creation is deeply rooted in scripture. Genesis 2:15 says, "The Lord God took the man and put him in the Garden of Eden to work it and take care of it." This mandate highlights our responsibility to nurture and protect the environment. Psalms 24:1 reminds us, "The earth is the Lord's, and everything in it," underscoring the idea that the world is God's creation, and we are its caretakers. Romans 8:19-21 speaks of creation's longing for liberation from decay, urging us to act against environmental degradation. Embracing environmental sustainability in healthcare aligns with these biblical teachings, fulfilling our Christian duty of stewardship.

Practical Steps for Greening Healthcare Facilities

★ Energy Efficiency:

Implement energy-saving technologies to reduce a healthcare facility's carbon footprint. Switch to LED lighting for lower energy consumption and longer lifespan. Upgrade to energy-efficient HVAC systems to save energy and improve indoor air quality. Invest in renewable energy sources like solar panels and wind energy to decrease reliance on non-renewable resources.

★ Waste Management:

Adopt reduce, reuse, and recycle principles to minimise waste. Segregate waste at the source, recycle non-hazardous materials, and ensure the safe disposal of hazardous waste. Compost organic waste and use reusable medical supplies to lower environmental impact.

★ Water Conservation:

Prioritise water conservation by installing low-flow faucets and toilets. Implement effec-

tive wastewater management and treatment practices to ensure safe discharge back into the environment.

★ Sustainable Procurement:

Source eco-friendly medical supplies and partner with green-certified suppliers. Prioritise biodegradable materials and reduce the use of single-use plastics to minimise environmental impact.

Challenges and Solutions:

Despite the clear benefits, adopting sustainable practices in healthcare can be challenging. Financial constraints, lack of awareness, and regulatory hurdles often hamper progress. However, these challenges can be overcome with creative solutions. Seek funding through grants and partnerships and invest in education and training programmes for staff to raise awareness. Advocacy for supportive policies and regulations can also drive the adoption of sustainable practices.

As Christian healthcare professionals, we are uniquely positioned to lead by example in the fight against environmental degradation. By embracing sustainable practices, we not only improve the health of our patients and communities but also honour our Christian call to stewardship.

World Environment Day reminds us of our collective responsibility to protect and restore the earth. Let us reflect on our roles and take actionable steps towards a greener, healthier future. As it is written in Psalms 24:1, "The earth is the Lord's, and everything in it." Let us strive to be faithful stewards of His creation.

If you would like to share your journey of environmental sustainability with others, do send us the write-up and we will be happy to share your success via the CMAI platform. ■

REFRESHER COURSES, FELLOWSHIP IN NURSING MANAGEMENT, KNOWLEDGE, SKILLS AND VALUES

~ Ms Shimy Mathew | Nurses League ~



Each one of us have aged parents, relatives at home and family members with end stage diseases that are becoming more common even in middle aged people.

Families struggle to balance care for their loved ones and other responsibilities at work and family. Palliative care facilities and trained people to provide home care are inadequate to meet the growing demands. The B.Sc (N) syllabus has a module on palliative care nursing. Nurses League had initiated a Refresher course for Faculty on palliative care nursing based on this module and the online

sessions were completed in 2023.

The participants went in small batches for a comprehensive exposure to CMC Vellore in Jan and Feb 2024 and came back with touching stories of their experience. They were moved by the way the team provided holistic care for their patients. They carried with them a lot of learnings that will benefit their patients, and students. We hope these kind of short courses along with the practical experience will enhance the quality of care being provided to the patients and also nursing education in the institutions.

NL is in the process of rolling out another course by June on 'Fellowship in Nursing Management'. Nurse leaders are lead professionals at the frontline. They have the potential to help realize the vision to a transformed healthcare system of our country.

Therefore, there is a need to harness the confidence of Nurse Leaders in managing human resources, using technology, managing conflict, good communication skills and using emotional intelligence effectively. Studies have proved that effective leadership directly relates to retention and satisfaction of staff.

The purpose of this course is to enable caring and competent Nurse Leaders for hospitals in India, with the Knowledge, Skills and Values needed to ensure excellence and provide quality nursing care, even within the resource constraints of their hospitals.

We encourage the Nurse Leaders especially from our mission hospitals to please make use of this opportunity and upgrade their knowledge and skills.

Please look out on our website and social media sites for more information. ■

EXCELLENCE IN PATIENT EXPERIENCE WORKSHOP: ENHANCING CARE IN MISSION HOSPITALS

~ Ms Elsy John | Administrators' Section ~

On February 2nd and 3rd, 2024, the "Excellence in Patient Experience" workshop was held at Bangalore Baptist Hospital. This event, organized by CMAI in collaboration with the hospital, drew 103 participants from 26 institutions. The workshop aimed to elevate patient experiences in non-profit mission hospitals.

Expert speakers included Mr. Mohan Kumar PK from the TATA/TAJ Group, Dr. Naveen Thomas, Dr. Manju Chacko, Ms. Seema Das, Dr. Sunil Chandy, and Mr. Babu Koshy. Their sessions covered adapting hospitality princi-

ples, managing patient feedback, non-negotiable behaviors for healthcare staff, organizational culture, and staff empowerment. ■

Kachhwa Christian Hospital celebrated its 125th anniversary celebration on February 17th, 2024. The celebrations served as a powerful reminder of Kachhwa Christian Hospital's rich history and its ongoing commitment to serving the community.



NEW COURSE ALERT!

Intrapartum Care Course

Ready to take your nursing career to the next level?

Join our specialised Intrapartum Care Course and excel as an Intrapartum Nurse. Make a real difference in the lives of mothers and newborns!

Join now to:

- Master the skills needed to monitor and care for mothers during labour and childbirth
- Equip yourself to promptly identify and manage complications, ensuring the safety and well-being of both mother and baby
- Train to handle basic obstetric emergencies with precision and expertise

Eligibility:

- GNM/BSc Nursing
- 3-5 Years of Recent Clinical Experience in Maternity Care
- Age Limit: 45 Years

APPLY TODAY! Programme starts: **15 JULY 2024**

Course Highlights:

- **3-Month Course:** Immerse yourself in a supportive learning environment with expert instructors guiding you every step of the way
- **On-site Training:** Gain hands-on experience and practice your skills in real-life scenarios, preparing you for any situation
- **Certified by Fernandez Foundation:** Earn recognition and credibility with a certification from one of the most reputable names in the field

PROGRAM ALERT!

MSc Nurses – National Midwifery Educator

Join India's Midwifery Revolution!

Fernandez National Midwifery Training Institute is Calling MSc Nurses with Maternity Experience.

India needs dedicated Professional Midwives and Midwifery Educators to ensure safe, respectful, and evidence-based births for all women. The Government of India (GoI), Government of Telangana (GoT), UNICEF, WHO, and Fernandez Foundation have united to support this groundbreaking Midwifery initiative.



What We're Looking For:

Essential

- Minimum 2 years post-registration clinical experience
- Registered nurse with the State Nursing Council
- Proficiency in English

Desirable:

- Experience in teaching and training
- Experience working in Maternity care hospitals

What You'll Gain:

- Expert training as a Professional Midwifery Educator
- Hands-on involvement in Midwifery training programmes nationwide
- Work with Fernandez Hospital

Send your applications to

✉ midwifery@fernandez.foundation



Application Deadline: **15TH JULY 2024**
Interview Date: **22ND JULY 2024**

Dear Members and Readers,

Life for All (LFA), as a quarterly newsletter of CMAI is a great opportunity to connect directly with our membership. We put together news, highlights of events, reports from the field, a notice board of future activities, important announcements and regular columns by the Secretaries of 5 Sections of CMAI.

Being the Voice of CMAI: I encourage you to come forward and give feedback, ideas and views, in order to further share CMAI's vision and mission in action.

We have uploaded the e-versions of LFA along with Christian Medical Journal of India and TearFund's magazine Footsteps. Kindly visit our website (www.cmai.org/publications.html) to view and download these publications of CMAI.

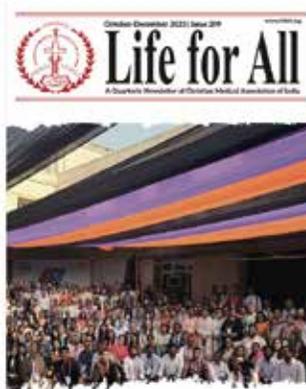
Write to us: As we continue to disseminate information on behalf of CMAI, connect with us via email (communication@cmai.org) to help our commitment to promote holistic healing to all.

Regards,

Christopher N Peter, Lead - Communication Department



Publication: Christian Medical Journal of India.
CMAI's official publication, which has a readership in India as well as abroad.
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Theme: Healing Ministry 2024



Publication: Life for All
LFA is the quarterly newsletter of CMAI that knits our network together with news, reports from the field and important announcements.
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