

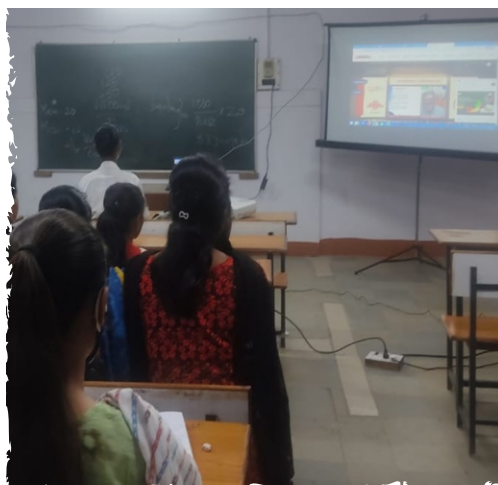
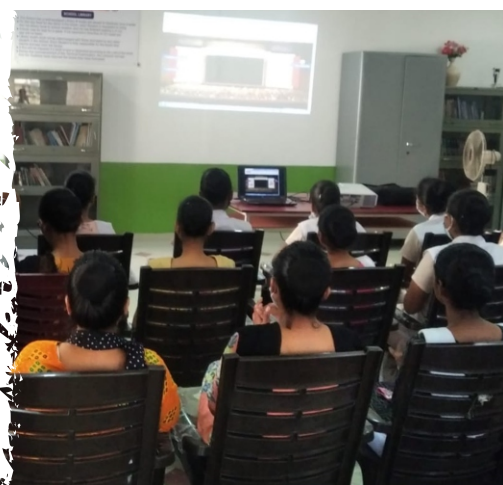


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www.CMAI.org

# Life for All

A Quarterly Newsletter of Christian Medical Association of India





## 46th Biennial Virtual Conference

A Word from the General Secretary  
~ Dr Priya John



It is with much gratitude to the membership of CMAI that I write this letter. The success of a virtual conference, using new technology, is very difficult to predict. But, like any conference, virtual or face to face, the success is in the participation by the members. Through the preconference and main conference of the 46th Biennial, our membership was active, engaged, supportive, patient and very reassuring. Thank you to each one of you.

The good Lord provided all our needs.

Across the regions, rooms with large screens displaying the conference were set up. Attendance by students and staff was very encouraging. We had over 1000 registrations and my gratitude is entrenched in the fact that our Business Sessions on both days had a positive response with more than the required quorum in attendance. Praise God.

The preconference sessions gave us excellent inputs from the resource persons and provided a platform for our members to express their con-

cerns. The themes for the three days; 1) Stability to Agility - Focus on Human Resource Challenge, 2) Sowing the Seed - Student Empowering and Enrichment Directive (SEED) and 3) Study, Show casing & Scenarios – Taking on opportunities in Research. CMAI will incorporate this learning as we take forward our 5-year strategy.

The keynote by Dr Laji and the thanksgiving message by Prof John Wyatt were received with much appreciation. The Theme: Renew and Restore. Jeremiah 30:17a, was dissected and delivered in so many challenging ways and each speech provided inspiration and perspective. Our editor, Rev Dr Arul Dhas gave the message on the final day and the quiet encouragement through the talk was perfect. As CMAI chose its new Governance, Executive, Regional and Standing Committees for the 2021-2023 Biennium, the investiture service brought with it a sense of purpose and God given direction despite the challenge of losing our way with technology.

(Photo: CMAI Office Bearers Live at HQ, Delhi)



Rev Roger Gaikwad was exceptional as he anchored this session. My deepest gratitude to our President - Dr Jeyakumar Daniel, our Treasurer -Mr Thampy Mathew, Editor- Rev Dr T Arul Dhas, and Vice President -Mrs Onenlemla for their untiring prayers and reinforcing support through all the planning and conducting of the conference.

Staff of CMAI did their best to ensure a new experience and fellowship through the virtual conference and to each of them a very all encompassing thank you! Renew and Restore – these are the 2 words we will take with us as we look forward to the New Year, 2022.



(Photo: CSI Jeyaraj Annapackiam College of Nursing & Allied Sciences Pasumalai, Madurai)



## VIRTUAL GATHERING OF TOGETHERNESS AT THE 46TH BIENNIAL CONFERENCE

~ Christopher N Peter, Communication Department

Biennial conference at CMAI is a wonderful time of fellowship as member Christian health professionals gather together for a time of renewal. For the past many years these conferences have helped the members across all sections, both individual and institutional, to find strengths in CMAI fellowship. These have brought many avenues and possibilities of working together to contribute towards the healing ministry. Furthermore, as members gather it reaffirms their commitment to the mission of Christ, to the Church and towards each other. Members have witnessed Biennial Conferences always organised as face-to-face programmes and events, however, due to the pandemic, this time the 46th conference was decided to be held virtually. The 2-day conference was broadcasted live which was attended by a huge gathering of 1000 members each day.

The 46th Biennial Conference of Christian Medical Association of India was held from 12th-13th November 2021. The Pre-Conference were held on the 9th, 10th and 11th of November 2021. Doctors, Nurses, Administrators, Chaplains, Allied Health Professionals participated in various online activities and contests making their presence a wonderful time of fellowship.

The pre conferences targeted key areas that CMAI has found as challenges over the last one and a half years, in the area of Human Resource, Student Nurture and Research. The discussion points were gathered together to presented as position papers during the 46th biennial conference. Nearly 20 leaders and moderators spoke virtually via zoom and still held a captive audience for 2 hours everyday. The topics included; Importance of ongoing mentoring, reaching the unreached, building resilience in young people, understanding the need in missions and so on. These pre conferences are available on-

-line at the exclusive website created for the 46th Biennial Conference at [www.cmai46biennial.online](http://www.cmai46biennial.online)

The main conference brought together Early Morning Prayers, Thanksgiving Service, Praise & Worship, Virtual Fellowship, Devotional Messages, Keynote Address, Business Sessions, Sectional Meetings, Cultural Programmes, Fun Activities & an Investiture Ceremony. This was attended by CMAI Individual Members, Member Institutions, Network Organisations, CEOs, Head of Institutions and Church Leaders. On day 01, Professor John Wyatt from University College of London led the devotion, followed by the Keynote Address by Dr Laji George Varghese. The time of worship via videos was contributed by the member institutions in various languages, bringing diversity, along with the cultural programmes. The business meetings and fellowship break and thanks giving continued as per the agenda. On day 02, the annual general meeting of CMAI sections was held along with a time for worship, prayer and a business session. The devotion was led by Rev Arul Dhas T, Chaplain of CMC Vellore. A fully focussed Investiture Ceremony to honour the time of outgoing members and welcoming of newly appointed members was also held. With a vote of thanks and closing prayer the 46th Biennial Conference came to an end.

At the onset of the conference, Dr Priya John, General Secretary & CEO of CMAI had mentioned that even though this time the conference will be a virtual one, still the joy of fellowship and the connect would not be hampered in any way. At CMAI the biennial organising team worked along with the members and witnessed how the joy of fellowship was indeed in togetherness, even though held virtually.



# NEVER-CHANGING GOD IN OUR EVER-CHANGING WORLD

~ Abhijeet Sangma, Doctors' Section

A blessed new year to all of you. The past two years have not been easy, we have witnessed the pandemic change our world and our lives forever, maybe!

We wonder what our future will hold and hope that it will be better - It is a "hope for the best but prepare for the worst" scenario, and doubts start to creep in with January 2022 heralding the spread of the Omicron variant across nations.

History tells us that there were many pandemics, but all came to an end at some point of time.

The Spanish Flu (the 1918 influenza pandemic) a particularly deadly strain of H1N1 influenza was so virulent that a third of the world's population contracted it and it had a case-fatality rate of 10-20% globally. Ultimately, the virus went through attenuation, but we still have descendent strains of the Spanish flu floating around today.

Today it is endemic.

The Polio outbreaks occurred throughout the first half of the 20th century reaching pandemic levels by the 1940s. After Polio vaccine was developed and through the Global Polio Eradication Initiative (GPEI), Polio is now eradicated in several countries. Smallpox had been observed in the Eastern hemisphere dating to as early as 1157 BC.

Globally, smallpox is estimated to have killed more than 300 million people just in the 20th century. In 1959, the World Health Organization announced a plan to eradicate smallpox globally with vaccinations.

The disease was declared eradicated in 1980.

Since its first outbreak in June 1981, HIV/AIDS till date have 55.9 million – 100 million confirmed cases and have recorded 36.3 million total deaths till 2020. Today, we know how to prevent the spread of HIV, and treatments for it have progressed to the point where early intervention can make the virus completely undetectable. The WHO currently uses the term 'global epidemic' to describe HIV.

We are nearly two years into COVID-19 and wondering how this pandemic will end.

One possibility is that the disease that cause the pandemic completely disappears, and that's the end of the pandemic. There is only a handful of historical examples of that ever happening - the global eradication of smallpox in 1980 and the less-known global eradication of a cattle disease called rinderpest in 2011.

The much more common course for a pandemic is that the crisis eventually weakens over time, with fewer illnesses and deaths and the sense of crisis declines. The pandemic could end because the disease continues to cause local outbreaks, but not simultaneous global spread.

Whatever course that COVID-19 would take, one thing is certain that it has changed us and our planet. But the assurance is that it cannot change our God and His kingdom.

The word of God assures He is our never-changing God in the ever-changing world, (Revelation 1:81).

That promise is a fact because His goodness is a consistent reality in our lives.

Although the pandemic has not stopped the earth from spinning, but it has in some ways caused all our lives to spin out of our control. The good news is God is still in control and still speaks to His creation (Psalm 33:92) in this new year as much as he did in the previous year.

God has an individual purpose and a plan for our lives, (Jeremiah 29:113). He used the circumstances of last year to smoothen the rough edges of our character and shape our lives. He wants us to be his spokesperson in a broken world.

Someone said the only thing that doesn't change in a forever-changing world is change itself. But God never changes. May we submit our lives to His will in 2022, and He will restore the balance and order to our lives (Matthew 11:28-304). God Bless!

1 "I am the Alpha and the Omega," says the Lord God, "who is and who was and who is to come, the Almighty." (Revelation 1:8)

2 For he spoke, and it came to be; he commanded, and it stood firm. (Psalm 33:9)

3 For I know the plans I have for you, declares the LORD, plans for welfare[a] and not for evil, to give you a future and a hope. (Jeremiah 29:11)

4 Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light." (Matthew 11:28-30)

## FLOOD RELIEF WORK WITH ST. LUKES CSI CHURCH

Recently, the state of Kerala faced challenges emerging out of the flood situation. In response to that the leadership and volunteers of St. Lukes CSI Church, Kootickal (Idukki) gathered together to provide relief and support. This initiative was conducted on 19th December 2021, with encouragement from CSI Medical Mission Hospital Chelachuvadu. A total of 150 families present during the programme received the relief.





## GEARING UP FOR ANOTHER MISSION

~ Shimy Mathew, Nurses League

The Nurses across the country are gearing up to care, prevent and setting up of systems and protocols for the management of the next wave that has started in our country. Things seem to be uncertain as to how things are going to unfold in each region. Our nursing fraternity have shown enormous courage, commitment and endurance in the past phases of this pandemic. Let's hope and pray that this phase shall pass away soon and that our nurses are prepared and empowered to handle this phase. It is important to be prepared with appropriate knowledge and skills to manage this phase since the epidemiology of the new variant is different from that of the previous one. There is a need to update ourselves with recent protocols and emerging trends of the disease. CMAI has been promoting some of the important webinars by experts regarding the same and the information will be available on the social media sites of CMAI. We request our nurses to make use of these opportunities to update themselves with correct information. There is a need to support our nurses spiritually and psychologically as they undergo undue stress related to care of patients and inability to care for their loved ones during their postings in Covid Units. I hope the nurse leaders will take initiatives to address these issues as well so that our nurses who

are on the frontline are cared for and empowered. It is important to build resilience in young nurses and nursing students who are on the frontline caring for patients.

We will be starting the fifth batch of the Ward Manager's Training course this January. We have received positive feedback from the Nursing Superintendents about this course that it has enabled the middle level nurses to upgrade their knowledge and skills in various aspects related to patient care and ward administration. We hope this small initiative will promote quality in the nursing care in our mission hospitals. Nursing Education is also facing uncertainties with restrictions in onsite learning. Teaching Learning activities have been affected enormously over the last two years. Students are not only facing academic difficulties but have been going through psychological problems because of the inability to cope with the changes. The quality of the graduates passing out during these years is also something that needs to be looked into seriously. As we prepare ourselves to care and manage during this phase, we assure you of our prayers and support. Please let us know if we can help you with trainings or consultancy for you to function effectively.

## LOST CERTIFICATES

I, **J Esther Prema Latha** have lost certificates of GNM & Midwifery Course bearing no. 6021. If found, kindly give it to me or inform at the given address: J Esther Prema Latha, D/O Mr D Jesupatham, SK ROAD, Annamalaiyar Street, Ambur Thirupathur District 635802, Tamil Nadu.

I, **S.Vigneswari** have lost certificates of GNM & Midwifery Course bearing registration no. 8723/07. If found, kindly give it to me or inform at the given address: S.Vigneswari, 2/22, South Street, Gandamanur, Aundipatti tk, Theni District, Tamilnadu-625517. Contact number 8838702840.

I, **Nilani Majhi** have lost certificates of GNM & Midwifery Course bearing registration no. 9989/09. If found, kindly give it to me or inform at the given address: Nilani Majhi, Urban Primary Health Centre (UPHC) AGA SAHI, At AGA SAHI Square, Near Chandra Sekhar Temple, Berhampur, Ganjam, Odisha - 760009.

## EDUCATIONAL WEBINAR FOR THE NURSES

CMAI Andhra Pradesh and Telangana Regional team and Arogyavaram Medical Centre, AP jointly organized an educational webinar for Nurses League on Updating Nurses for Commitment and Empowerment. In addition to an inaugural session, keynote address, and the scientific sessions focused on how to equip nurses for commitment and empowerment CMAI network hospitals contributed information and provided a valuable perspective to these sessions as resource persons and moderators.

Participants from six CMAI nursing schools, 10 mission hospitals, and many individual nurses from across AP and Telangana attended the webinar virtually. Simultaneously the webinar was also organized on Arogyavaram Medical Centre, Madanapalle as a Hybrid Centre. ( 132 nursing students and 20 staff attended AMC).

Total attendees were 1021. (Hybrid center – 155 and Virtual -866) The Arogyavaram Medical Centre, Madanapalle, Andhra Pradesh, hosted the webinar.

The webinar was hosted by Mrs. Christina Johnson, Regional Secretary – AP & Telangana region. The webinar began with the opening prayer by Mrs. Sheela Wesley, Dean of Katrina Moller College of Nursing, Arogyavaram.

This was followed by a Welcome address Dr. Priya John, GS, CMAI and greetings extended by Dr. Wesley, Director, AMC.





## EXPLORING NEW AREAS OF ALLIED HEALTH PROFESSIONS

~ Lyric Abraham, AHP Section

CMAI is a pioneer in providing Allied Healthcare Professions training. In this endeavour the focus has always been to ensure that new courses from time to time are introduced for the professionals. Moreover, such courses are also checked for their relevance to the society at no matter how different the times are they maintain purpose and objectives. We agree that this exercise is full of strife but in long term indeed fulfilling.

Christian Medical Association of India, under its Central Education Board (CEB) delivers quality training programme for a wide variety of around 30 different allied health professions. This journey began in the year 1927 and since then these training programmes have continued in our country. Recently, the National Commission for Allied and Healthcare Professions Act was passed on 24th March 2021 in the Parliament. As per the act, allied health professional includes an associate, technician or technologist who is trained to perform any technical and practical task to support diagnosis and treatment of illness, disease, injury or impairment, and to support implementation of any healthcare treatment and referral plan recommended by a medical, nursing or any other healthcare professional, and who has obtained any qualification of diploma or degree under this Act. The National Commission for Allied and Healthcare Professions Act promises the long awaited central regulatory system for Allied Health Professions training in our country. We at the AHP section of CMAI are sincerely hoping that in the light of the act, our courses too will benefit. At present we are eagerly waiting for each state to form the interim council.

This academic year CMAI\_CEB is bringing a new training programme titled POST GRADUATE DIPLOMA IN REHABILITATION PSYCHOLOGY by Fr. Shony Mathew Perumpally Ph.D. Currently this course is being conducted at Cottolengo Vocational

Rehabilitation Research Centre, Wandoor, Malappuram district, in Kerala. The aim of the course is to prepare rehabilitation counsellors who will promote understanding of the situations and needs of people with disabilities. Furthermore, perform a vital role in the personal, vocational and educational adjustment of persons with disability within the self-advocacy and community development model. The CMAI\_CEB look forward to expanding these kind of specialized courses within the member institution from time to time.

### ADVERTISEMENT

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# CHALLENGES, RESILIENCE AND PLANS FOR 2022

~ Elsy John, Administrators' Section

Let us thank the Lord for this! That once again we are alive to greet the New Biennium of CMAI in 2022. The new year brings fresh opportunities to reconsider how we have been performing our duties. Then make fresh plans and aim to outdo and achieve better results. All the members of the Administrators' Section, in a collective voice of gratitude wish to thank the office bearers of the Biennium 2019- 2021. We also extend a warm welcome to the newly appointed office bearers as they take charge to bring in a new vision for the section.

To that end, we wish to share with our readers that we are initiating Monthly Webinars on useful topics which will benefit our Institutions. The list of identified topics are mentioned below:

- Continuous Business/Administrative Education (CBE)
- Training on other crisis cut issues like- health & humanitarian
- Broadening the scope of membership for the Administrative section based on Administrative functioning
- How to raise Financial Support for non-profit organizations
- Volunteers - an invaluable resource for mission hospitals. How to attract and retain them?
- Salary Revision - important learnings for mission hospitals
- How patients centric hospitals made difference?
- Leadership level Key Performance Indicators for mission hospitals
- Things to remember when Mission hospitals purchase equipment
- Crisis Management and Awareness Programme
- Medico-Legal Awareness

During our recent interactions within the section, we have realised that a suitable grasp of understanding the FCRA regulations and raising funds is growing to be a huge ask. In order to provide guidance on the same, to begin with our plan of monthly webinars, we have initiated the first webinar on – “The Art of Fund Raising for Mission Hospitals”. This programme will be held on 1st of February 2022.

We look forward to our members register and attend to get more insight on raising funds for your respective institutions. We are fully aware that despite the ongoing challenges and those of past year, the much needed resilience in form of manna will also come from God to us .

## ADVERTISEMENT

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# ANNOUNCEMENTS AND PREPARATIONS FOR HEALING MINISTRY CELEBRATION

On 18th December 2021 a gathering of healthcare workers came together in fellowship at the Joseph Eye Hospital, Trichy. The theme of Healing Ministry Week of CMAI was announced for the Tamil Nadu region. The theme for year 2022 is "Fear Not. Hope" taken from Isaiah 41:10. This program was organised by Rev. David Paramanandham, Chaplain of Joseph Eye Hospital in Trichy. Mr. Paul Patric, Vice Chair of AHP Section was also present.

The theme of Fear Not. Hope is fitting for the year 2022 as the entire creation suffered anxiety and sickness due the Covid-19 pandemic. The theme is a reminder that God is our source of healing till now since the beginning.

We wish to inform our readers that Bible Study material in English, Hindi and seven regional languages is available on CMAI website.

The order of worship is also available in various languages. A poster on the theme is also available for circulation to churches and member institutions across the network, CMAI organises the Healing Ministry Week along with National Council of Churches in India (NCCI), Catholic Bishops Conference of India (CBCI) and Catholic Health Association of India (CHAI).

Kindly visit our website for more details at [www.cmai.org.healing-ministry.html](http://www.cmai.org.healing-ministry.html)



Home Who We Are Updates Reports Publications Covid-19 Healing Ministry

## Healing Ministry of CMAI

### Useful Links

- [Letter from General Secretary](#)
- [Healing Ministry Poster 2022](#)
- [Banner for Printing](#)

### Bible Study 2022

- [Bible Study in English](#)
- [Bible Study in Hindi](#)
- [Bible Study in Kannada](#)
- [Bible Study in Oriya](#)
- [Bible Study in Punjabi](#)
- [Bible Study in Tamil](#)
- [Bible Study in Telugu](#)
- [Bible Study in Marathi](#)
- [Bible Study in Malayalam](#)

### Order of Worship 2022

- [Order of Worship in English](#)
- [Order of Worship in Hindi](#)
- [Order of Worship in Kannada](#)
- [Order of Worship in Oriya](#)
- [Order of Worship in Punjabi](#)
- [Order of Worship in Tamil](#)
- [Order of Worship in Telugu](#)
- [Order of Worship in Marathi](#)
- [Order of Worship in Malayalam](#)



### Introduction

The healing ministry of Jesus Christ is holistic in nature; its spiritual, physical, emotional and social healing. Our Lord and Savior Jesus Christ is the source of every healing from the beginning till now. In India, the Healing Ministry formally began in 1905 by a group of missionaries called Medical Missionary Association (MMA) and in 1926 it was renamed as Christian Medical Association of India.

Today CMAI has gone from strength to strength by contributing to the different health care needs of our country. CMAI members have done pioneering work in several areas like Leprosy, Tuberculosis, Malaria and HIV/AIDS. The goal of CMAI is to serve churches in India by assisting in its ministry of healing to build a just and a healthy society in response to the love and command of Christ.

Theme for Healing Ministry 2022:

**"Fear Not. Hope"**

Isaiah 41:10

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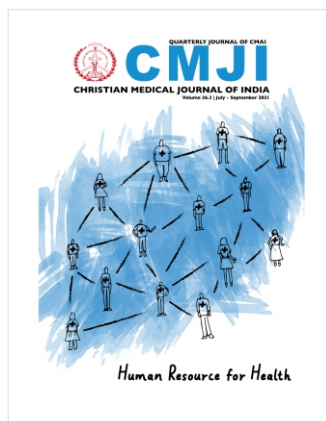
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**Layout & Design:** Lata Anthony | Communications Executive, CMAI

## Being the voice of CMAI {To view past editions visit our website [www.cmai.org/publications](http://www.cmai.org/publications)}

The main function of CMAI's Communication Department is to disseminate information to the CMAI membership. It informs members of the past and prospective activities, discusses views on various issues related to health and healing ministry. It speaks on behalf of CMAI to people who are interested and committed to promote holistic healing to all. The regular CMAI publications related in this period were:



Publication: Christian Medical Journal of India.  
CMAI's official publication, which has a readership in India as well as abroad.  
Released edition: No. 36.3  
Theme: "Human Resources for Health"



Publication: Life for All  
LFA is the quarterly newsletter of CMAI that knits our network together with news, reports from the field and important announcements.  
Released edition: No. 200  
Period: July-September 2021



Publication: Footsteps  
This is brought out by Tearfund, London. CMAI prints both English and Hindi language editions in India for local distribution.

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