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Issue 186

Life for All

A quarterly newsletter of the Christian Medical Association of India

DEVOTION

A Letter from Ephesus

Greetings!

I am writing from the Church in Ephesus. When the great Apostholar of Christ Jesus Mr Paulose (earlier known as Saul of Tarsus) was preaching here, we were in one body and one soul. We learnt how to speak the truth in love. We were never angry with our fellow brethren, we conducted prayer meetings, retreats and many other charitable activities. Even Apostholar Yohannan, the dearest disciple of Lord Jesus preferred to spend his last days with us.

Many years later, we are still good people. Our preachers are excellent in their doctrine, conduct healing ministries, show us the Holy Spirit manifested in tongues and we have mass crusades where thousands congregate. We are kind to one another, tenderhearted, and forgiving. We are sexually pure, not covetous and avoid foolish talks or crude jokes. We avoid gossips, never indulge in liquor, always sing hymns, enjoy choristers and listen to beautiful movie-like songs sung by our country's gifted singers.

Today however, we are totally shocked and disturbed to read our Lord's letter to us as revealed to Apostholar Yohannan, that we have abandoned the first love and devotion to our Almighty God.

It seems, Lord, are you saying - 'I don't know you?' ...after everything that we have done in your name? No...Lord, we want to be with you first. Spending time with you is our priority. All other daily tasks will be secondary. And we plead: Accept us. More than anything else we love you. Thank you Lord. Amen.'

Let all those who have ears, let him hear.

Jacob C Varghese

More Communication Channels; More Young Leaders

CMAI is a network and communication is the lifeblood of a networking organization, said Dr Bimal Charles, CMAI General Secretary, during the Board of Management meeting in Bangalore on April 7, 2018.

Towards expanding our communication channels, CMAI has planned two initiatives. One is to appoint Regional Facilitators in its 13 geographical regions in the country. The recruitment is going on and soon there will be a band of young executives to accelerate activities in regions.

The second plan is to identify a 'Champion' for CMAI in every institution who will be a point of contact (PoC) for communicating important events of CMAI and for sharing the opportunities available for members countrywide. This is purely voluntary effort suggested to the institution to depute one person

who will convey useful information in the health sector and convene prayer meetings at institutions every month to pray for one another in our network. A devotional calendar is getting prepared for this purpose.

CMAI is building young leaders. We need to pray for giving us Daniels, Joshuas and Deborahs who have the courage to live out Christian values in organizations.

We have exciting training programmes that will be useful for all categories of professionals at different levels in the health sector.

We strongly believe that the two initiatives: Regional Facilitators and Institutional Champions - will bring out the best in the new generation as we push up a creed for building His kingdom.

-Compiled from various sources



FROM THE DESK OF THE GENERAL SECRETARY

Certainty of the Lord in Uncertain Times

God is still working in us.

As Paul was writing his first letter to Timothy, he knew that his confidence came from God alone. All through his writing he constantly recognises his short comings and His grace carrying him through. How true it is for the present day context in our own lives and lives of institutions that the Lord helps to sustain in spite of us, our failures and our frailties.

When we assess our lives and institutions we come across several gaps, inadequacies and failures. There are several that are not adequate when measured as per the Gold standards of the world or even by our own standards. The fact is we try our best to excel and live up to the best standards through our commitment, so that people who pass



through our portals get the best and can afford services that are provided at a reasonable and affordable cost and no one is denied services once they turn to us for help.

It is pertinent to note that God desires that we choose the right way to serve him, and not to stray so that we are provided the passion and power to serve. We can say we are confident, not because we have the best output, but because of our Creator's power and His faithfulness displayed in us.

As we go through uncertainties in our country let us remember that the Lord is faithful to us till the very end. May we thrive in His unfailing grace that supports us and our mission!

And I thank Christ Jesus our Lord, who hath enabled me, for that he counted me faithful, putting me into the ministry.- 1.Timothy 1:12



Dr Bimal Charles
General Secretary

NURSES LEAGUE

Patient Care is more than Healthcare Delivery

This reporting period has been quite eventful with various activities and meetings. The newly elected Nurses League Executive committee (2017-2019) members met together on 9th April 2018 at Bangalore Baptist Hospital.

It was a joy to see the active participation of the members. My sincere thanks to all of you for your valuable inputs.

The first batch of the Ward manager's course will be completing the training in the first week of May 2018. God willing we will start the second batch by the second week of June 2018.

The overwhelming response from our membership and also from outside is really encouraging. All the participants found the course very useful. My sincere thanks to all the Directors and Nursing superintendents for taking

initiatives in sending their nurses from their institutions for the training.

At the outset I would like to wish you all a very Happy Nurses day 2018 in advance. The theme for the International Nurses Day 2018 is "A voice to lead - Health is a Human right". As nurses our patient care involves more than the delivery of health services.

The social economic and the political issues related to health need to be addressed. Although nurses are the open witness to all these realities, we are yet to fully realize our power to voice out these sufferings we see in our daily life.

Nurses have a major role in mediating for the patients. This was the initial move promoted by Florence Nightingale. Meting out justice for the patients is quite the foundational part

of nursing care. There is an urgency to redefine our roles in this changing scenario of health care services where patients are treated as commodities.

This was one of the major topics we have discussed in our Executive Committee meeting held on 9th April 2018. We felt that there is a great need for the nurses in mission hospitals to walk an extra mile to promote a more egalitarian health care system. We have developed some strategies which I would be sharing with you soon.

May the grace of God remain with you all.



Ms Jancy Johnson
Secretary, Nurses League
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AHP SECTION

Home Health Aide : Scale and Scope

The 'Elderly in India 2016' report by the Ministry of Statistics and Programme Implementation says:

Based on the profile of elderly persons in the country, it is stated that there were 10.38 crore (8.6 per cent of the population) elderly persons aged above 60 years in 2011 as compared to 7.66 crore (5.6 per cent) in 2001.

Elderly care, especially at home will be a challenging area for our country in the coming years. Many realized this fact and ventured into the arena of home healthcare.

Apart from nursing, the allied health scope for Home health Aide is huge. Home Health Aide or HHA as per definition: cares for people who have disabilities, chronic illnesses, cognitive impairments, or age-related problems. He or she provides basic services that include administering medications, changing bandages, and checking vital signs like temperature, pulse and



Pix courtesy: ATC Academy

respiration rates. They also provide personal care for bed ridden persons such as bathing, dressing and grooming of patient.

This Job role has three attributes

1. Will 2. Skill and 3. Compassion

1. First quality required for this Job role is the willingness to take this up as a job. The attitude to provide service to others is an essential part of this job.

2. Then comes the Skills. For every job

now, the important parameter employers look for is the skill of the candidate to perform their duties professionally. CMAI will help you in this area as we have started the Health Sector Skill short term courses for HHA. Please contact the AHP section for more details.

3. Compassion is the most important element. You have to have empathy to the person you are dealing with. Sometimes the elderly will look for someone to talk, half of his/her ailments will alleviate with this.

India requires a huge number of HHA in the coming years especially in the Urban areas. As per research, it is expected that there will be a 50% increase in HHA Job opportunity in the next 5 years. So I urge our member institutions to think about this seriously and prepare professionally to serve our country.



Mr. Lyric Abraham
Secretary

—Allied Health Professionals Section

CSR Funding is not Charity

The Vehicles of corporate funding are essentially through Foundations, NGOS and direct implementation.

Statistically maximum CSR (Corporate Social Responsibility) funding is towards Education and Healthcare.

Did you know, funds received by Non-Government Organizations (NGOs) as part of CSR funding could be in the form of a Contribution or Project Funding?

CSR funding by way of Contribution gives the Corporate rebate of 50% of the amount contributed as an exemption in calculating the taxable income. However, in the case of project funding the exemption is 100% of the funds deployed. The Government may not be in favor of CSR funding as it will

reduce the taxable income of the corporate and thereby reduce the revenue by way of taxes.

As far as the NPO (Non-Profit Organization) is concerned, under section 12A of the Income Tax Act, the funds received and expended for charitable purpose is allowable expenses. Registration under 80G of the Income Tax Act, makes the corporate eligible for the exemption as mentioned earlier.

CSR funding by the Corporate should be for an activity which excludes activities undertaken in the normal course by the corporate.

This can only be implemented only through a registered society / trust /

foundation. The amount of funds to be deployed by the corporate is calculated at 2% of average preceding 3 years net profit.

Strategies to procure CSR funding essentially are:

1. Align the effort to the corporate's policy statement on CSR funding and their long term strategies on sustainable social investments.
2. Use bottom up approach in identifying the corporates in your location; and then approach the Head Office with the proposal.
3. Engage a professional fund raiser to market your service if you do not have a competent person in house.



Ms Deepti Singh
Finance Manager

AHP NEWS

RPL gains momentum in Mission Hospitals

Recognition of Prior Learning (RPL) is a key element under Pradhan Mantri Kaushal Vikas Yojana (PMKVY) scheme of the Ministry of Skill Development and Entrepreneurship (MSDE). It's a government initiative to certify the skilled workforce who are already working and do not have any govt certification.

CMAI has conducted 5 batches of RPL assessments for 900 candidates all over India, in 5 different centers and distributed certificates to initial batches. The centres were CSI Hospital, Bangalore (KA), Scudder Memorial Hospital, Ranipet (TN), M.O.S.C, Kolenchery, Jubilee Mission Thrissur, Nirmala Hospital, Calicut, Kerala

RPL Certificates were distributed on Republic Day at Jubilee Mission Medical College and research center, Thrissur, Kerala. The Education Minister Prof: Raveedranath inaugurated the event and distributed the certificates. During the event, the Thrissur Bishop Mar Andrews Thazhath was a special guest. We distributed about 214 certificates for MLT and Anesthesia candidates

Ms Indira K, Manager of Special Projects and I attended the CII-NITI Ayog Conference on Jobs and Livelihood Critical Growth Enablers on 9th February. It was an insightful conference which helped us to know more about government plans for

increasing skill to make our Indian youth more employable. The lessons were helpful in building our diploma and HSSC short term courses.

We have submitted 16 centres for affiliation with HSSC, in that 8 centres have started different HSSC short term courses. We did our first HSSC short term exam at CIHSR Dimapur, Nagaland center in January.

MRTC Tutor Workshop

Medical Records Training Committee (MRTC) conducted its annual tutor workshop at Lakeshore Hospital and Research Center Ltd., Kochi, Kerala on 8th to 10th February. Mr Immanuel Asher coordinated the workshop along with Ms Anju, MRT Tutor in Lakeshore.

Do you know?

Allied Health Professionals is a multi-disciplinary group which has 50 types of professionals working in hospitals are members of CMAI.

Lyric Abraham
AHP Section

Dear Reader,

We have received many letters regarding the non-receipt of CMJI and LFA. During the last quarter, we found that the publication had not reached the members on time due to several reasons. The wastage of printing and dispatching ran into lakhs.

Hence the management has decided to print limited copies for institutions, subscribers and for senior members. Soft copies are uploaded on our website: cmai.org/activities/departments/dissemination-of-information/publications/

However, we are more than happy to send the print version if you drop in a letter or email. Thank you very much for your interest in getting CMJI and LFA in print.

Ward Managers Course: Modules and Training

Ward Managers' course was inaugurated on 7th of February 2018 at Don Bosco Bangalore.

Dr Premila Lee, Nursing Superintendent, CMC Vellore was the chief guest and Dr Bimal Charles was the guest of honour.

Modules of the course were released by the Chief Guest. Twenty five participants from nine member hospitals of CMAI were enrolled for the programme. *(More news on modules on page 12)*

The first contact class was also held at the same venue on 8th and 9th February 2018. All the authors of the module were the resource people of the contact classes.

One week onsite training for the participants of the ward Managers' course was organized at CMC Vellore from 5th to 10th March 2018. The participants were grouped in pairs and posted in different ward of the hospital under the guidance of the respective ward Managers of CMC Vellore and discussions were held at the Nursing office on clinically related topics.

The programme was coordinated by the nursing office of CMC Hospital under the leadership of Dr Premila Lee.

Jancy Johnson
Nurses League

Dr Bimal Charles
General Secretary



HOSPITAL DISASTER PREPAREDNESS WORKSHOPS

Action is the key

The Doctors Section has been engaged in organising a series of workshop on Hospital Disaster Preparedness and Response with the purpose of achieving a satisfactory level of readiness to respond to any emergency. This is being achieved by strengthening the technical and managerial capacity of the hospital and the communities; to provide prompt and effective medical care to the maximum possible, in order to minimize morbidity and mortality resulting from any mass casualty incident (MCI).

The objectives are to demonstrate the use of tools to analyse and assess risk

in the Hospital and guide the participants and to help prepare Hospital Disaster preparedness and emergency response plan and Standard Operating Procedures (SOPs).

The following Hospitals went through the workshop during the period: Christian Hospital Champa, Chhattisgarh, The Duncan Hospital, Raxaul, Bihar, The United Mission Hospital, Tansen, Nepal, The Mercy Hospital, Kolkata, West Bengal.

A total of 20 institutions and more than 100 participants were trained during this period.

Being prepared is an obvious benefit that comes from Emergency Medical Response (EMR) training, but because of its importance, it is still worth mentioning. People who know basic life support have the skills to take action no matter where they are or when it is required.

Emergency Medical Response Training includes life-saving training such as Basic Life Support and Triage training. The training is founded on the American Heart Association curricula. The aim of the training is to help increase confidence and be prepared in responding to emergencies.

The EMR training helps in securing the knowledge that one is taking the right actions required to save a life. In addition, confidence empowers to take control of a situation and direct bystanders as necessary. EMR training will also give others confidence as a professional who has the ability to assist them.

Following EMR trainings were held during the reporting period: Sewa Bhawan Hospital, Jagdeeshpur, Mercy Hospital Kolkata.

More than 100 participants were trained in EMR during this period.



Dr Abhijeet Sangma
Secretary, Doctors Section
drsangma@gmail.com

Fellowship in Palliative Care Admission Announced**I. National Fellowship in Palliative Medicine**

CMAI, in collaboration with the Institute of Palliative Medicine, Kozhikode, is conducting a 1-year distance learning 'National Fellowship in Palliative Medicine' for MBBS and BDS. This fellowship programme will help to build capacity of healthcare professionals and institutions and equip them to render much-needed palliative care services to the people of this country.

The aim of this programme is to give training to doctors so that they receive the knowledge and professional skills to render palliative care services.

To give new insights and perspectives and positively influence their outlook towards the practice of Medicine i.e. from being medicine & doctor centric to person centric and being an equal partner in a team.

More than 100 Doctors from within and outside the country has been trained.

II. National Fellowship in Palliative Nursing

Palliative medicine and nursing are integral parts of the 'wholistic care' rendered to those affected by any incurable disease or chronic debilitating or end stage medical disease, including care of the elderly. Special knowledge and skills are needed to care for and treat these patients because they have special needs. The programme will give training to nurses so that they receive the knowledge and professional skills to render palliative care services.

Contd...on p.12

In view of the increasing violence and atrocities against women in our country, it is important that we are aware of the various legal rights available, especially to women. There is a need to help women in distress, raise our voices and fight against such atrocities. So, in this context following are the 10 legal rights that can be exercised by women.

Elizabeth Mathew
Administrative Manager

10 Legal Rights every woman must know

1. Free legal aid

Exercise your right to free legal aid through the Legal Services Authority. It is necessary to have a lawyer with you while you lodge the FIR, which will avoid the risk of your statement being misquoted or tampered with.

2. Right to privacy while recording statement

Under law, a woman who has been raped can record her statement before the district magistrate when the case is under trial, and no one else needs to be present. Alternatively, she can record the statement with only one police officer and woman constable in a convenient place where the statement will not be overheard by a fourth person.

3. Time doesn't matter

The police cannot refuse to register an FIR even if a considerable period of time has elapsed since the incident of rape or molestation took place. If the police tells you that they can't lodge your FIR since you didn't report it earlier, do not concede.

4. Email to the rescue

A woman has the privilege of lodging a complaint via email or registered post. If, for some reason, a woman can't go to the police station, she can send a written complaint through an email or registered post addressed to a senior police officer of the level of Deputy Commissioner or Commissioner of Police.

5. Cops can't say no

A rape victim can register her police complaint from any police station under the Zero FIR ruling by Supreme Court. This is a Supreme Court ruling that not many women are aware of, so don't let the SHO of a police station send you away saying it "doesn't come under his area".



pix courtesy: new.vice.com

6. No arrests after sunset

According to a Supreme Court ruling, a woman cannot be arrested after sunset and before sunrise. There are many cases of women being harassed by the police at wee hours, but all this can be avoided if you exercise the right of being present in the police station only during daytime.

7. You can't be called to the police station

Women cannot be called to the police station for interrogation. The law provides Indian women the right of not being physically present at the police station for interrogation. The police can interrogate a woman at her residence in the presence of a woman constable and family members or friends.

8. Protect your identity

Under no circumstances can the identity of a rape victim be revealed. Neither the police nor media can make known the name of the victim in public, it is a punishable offense.

9. The doctor can't decide

A case of rape can't be dismissed even if the doctor says rape had not taken place. A victim of rape needs to be medically examined as per law, and only the report can act as proof.

10. Employers must protect

It is the duty of every employer to create a Sexual Harassment Complaints Committee within the organisation for redressal of such complaints.

(source: <http://nari.nic.in/know-your-rights>).

Bio-statistics Training at CMC Vellore Free Regn for CMAI member institutions

Department of Biostatistics at Christian Medical College, Vellore will conduct two courses: 1) Multiple Linear Regression, Logistic Regression & survival Analysis from May 28 to June 01, 2018 (Last date of admission May 21); and 2) Multilevel Modeling (MLM) and Longitudinal/Repeated Measure data analyses using Linear Models and Generalized Estimation Equations from June 04 to 07, 2018 (Last Date May 28) at the Biostatistics Resource and Training Centre in Bagayam, Vellore. **Registration fee is free for staff at CMAI member institutions.** Please visit www.cmc-biostatistics.ac.in for registration. Please inform cmai@cmai.org also when applying. Total 45 seats. First-come-first served basis.

MIBE NEWS

Nurse Novitiates Celebrate TB Day

An enthusiastic bunch of nursing students observed The World Tuberculosis Day on 24th of March 2018 at the Graduate School of Nursing (GSN) of the Mid India Board of Nursing (MIBE), Indore.

A two-hour programme was held at the prayer hall between 11.00am and 1.00pm. The Post Basic Bachelor of Nursing P.B.B.Sc - (N) second year students conducted an audio-visual exhibition based on Tuberculosis and related counselling.

The student groups presented different types of audio-visuals. One group performed a skit based on the theme "Wanted Leaders for a TB-free World" depicting the need for counselling for Directly Observed Treatment Short Course (DOTS) and its adherence.

The other four groups with five students each demonstrated an assortment of AV aids such as booklet, leaflet, pamphlet, charts, flipcharts, flash cards, LCD, posters and decoration of the notice board with media articles regarding TB under the guidance of the



Post Basic B.Sc Nursing IIInd Year students (2016-17 batch) exhibiting RNTCP Pictorial diagram. Tutor Ms. Pragya Singh Baghel, along with students Nilima Soreng, Helena Soymurum, Pallabe Khora, Rosepriya Tirkey, Gulshan Baa

Principal, Mrs. Rachna Walter and the Lecturers, Ms. Lydia Miracles, Mrs. Sonia Herbert and Ms. Pragya Singh.

Each group member explained their

topic to the participants who were from the P.B.B.Sc (N) I year and the P.B.B.Sc. (N) II year students of the institution.



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- 5). Surgeon / Associate Surgeon / Assistant Surgeon with MS/DNB (Gen. Surgery)

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BNESIB

Simulation Education for Self Efficacy

The Board of Nursing Education - South India Branch (BNESIB) organized a workshop on "Simulation education on self-efficacy for nurse educators" from 9th to 10th March. The workshop was held at the Simulation & Research Centre, BBH, Bangalore. It was funded by Bread for the World-CMAI, New Delhi. Mr.Srikanth Pullari, Nurse Registrar of Karnataka Nursing Council, Bangalore was the chief guest. 34 Nurse Educators participated from three southern states.

The workshop had five stations and five scenarios that included an emergency, community, paediatric, neonatal and maternity setting. These stations had eight faculty as resource persons and 25 students who were involved in the scenarios. An additional class was demonstrated on "Moulages," which are used to make the injuries more realistic. The participants had hands on experience in making their own moulages.



A technical team from the factory that manufactures high fidelity mannequins were invited for the workshop. They demonstrated on various utilities of JUNO mannequin.

The Nurse Educators learnt how to

teach clinical, behavioral and cognitive skills through simulation through multi-method approach.



Mrs. Helena,
Secretary, BNESIB

Mrs Grace Chandra Leela Kingston honoured at Biennial Conference 2017



Dr Ajit Singh, President of CMAI honouring Mrs Grace Chandra Leela Kingston at the CMAI Biennial Conference at Bhubaneswar

The BNESIB of CMAI presented the "ANITA MEMORIAL BNESIB CENTENARY NURSE TEACHER AWARD" for exemplary Nurse Teacher for the year 2017 to Mrs. Grace Chandra Leela Kingston.

It is an honour for CMAI to record her contributions to the BNESIB, as a member of the Board, the Executive Committee and other standing committees, as an Inspector and in organizing and conducting continuing nursing education programmes.

She is the ANM chairperson of the Board of Nursing Education, CMAI, South India Branch, Bangalore for several years. She worked hard for maintaining the standard of ANM section in the midst of many difficulties. She was the resource person for the orientation program for the nursing and midwifery tutors from the schools of nursing under the CMAI, South India Board that was hosted by Christian School of Nursing, Ambilikai.

She had been bestowed with the best teacher award from the Tamil Nadu Dr. MGR medical university in the year 2011. She

received Eminent Educationist Award from the National and International Compendium, New Delhi in December 2011, International nurses day award for the best nurse educator by Anna University, Chennai, Certificate of appreciation from the TNAI, New Delhi.

ADMINISTRATORS SECTION

MDP on Healthcare administration: A Great Success

The 31st Health Care Management Development Programme (MDP) for two weeks was conducted at the Bangalore Baptist Hospital (BBH). We had 15 resource persons for various sessions and 38 participants. The participants were from Nagaland, Orissa, Ludhiana, Assam, Bihar, Coimbatore, Vellore, Kerala, Telengana, Nagpur, and Bangalore. This is the first time we arranged the Management workshop in a mission hospital.

Thanks to BBH & staff

The Karnataka Regional Secretary Mrs. Leena Raj took the lead role in organising this workshop in their institution with full support of the Director, Associate Director of BBH and CMAI Vice President Mrs. Onenlemla. We had good devotion speakers and excellent sessions by various experts. We would like to thank BBH for all their support.

Diploma in Law In Healthcare

One year Distance Education Diploma



course on Laws Applicable to Hospital Administration is going on in full swing. Contact classes were conducted and assignments are submitted by students. Brochure for the next batch 2018-2019 is sent to the institutions. We have received few registrations for the same.

Diploma in Hospital Administration proposed

A proposal to start a one year Diploma in

Hospital Administration (DHA) through distance education mode through the department of Hospital Management Studies & Staff Training and Development, Christian Medical College, Vellore (CMC) in collaboration with Christian Medical Association of India, New Delhi (CMAI). The purpose of this is to empower administrators in mission hospitals/ all hospitals who are currently managing some aspects of healthcare delivery. The module is ready and soon this programme will be launched.

Target Group/Eligibility: Mission Hospital Healthcare Workers/ Corporate Hospitals (Fee varies) Candidate with SSLC/ Diploma Nurse/ any degree. All candidates must have a reasonable knowledge of spoken and written English. Minimum five years of experience as healthcare workers and the candidates must be sponsored by the employer.

Webinar Announcement

CMAI will be conducting a series of monthly webinars on various topics on health sector related issues. The first webcast will be on May 24th, 2018.

Topic: "Preparing and Structuring a Project Budget"**Speaker: Dr. (CA) Sanjay Patra FCA, Ph.D**

Executive Director, Financial Management Service Foundation, New Delhi

Time: 2.30 pm to 3 pm May 24, 2018

You may enter the virtual classroom by clicking the link which will be announced through our website cmai.org, [cmai facebook page](https://www.facebook.com/cmai) and other communication channels from our various sections. For more details write to: cmai@cmai.org



Webinar using Adobe Connect Pro software is an easy way to learn new skills as individuals and in groups absolutely free of charge. It is interactive. While the lecture is going on with the assistance of a presentation, anyone can type questions related to the topic through a chat-box and the speaker can immediately answer the questions.

Please join us on **May 24, 2018**



Ms. Elsy John
Secretary
Administrators Section
ejohn@cmai.org

COMMUNITY HEALTH DEPARTMENT

Partnering and Networking widen horizons of action

Bread for the World (BfdW) is one of CMAI's oldest donors and they are continuing to extend their support for CMAI for the next three years. Dr Sunita Abraham and Dr Priya John visited their office in February in Germany and held consultations with Ms Franziska Hoffman, Project Officer, South Asia Desk BfdW.

They discussed the ongoing project as well as the new project which began in April 2018. Bread for the World values our partnership and is willing to support all our planned activities and understands our challenges in implementation too.

The next stop for the duo was the World Council Churches, Geneva. There they met Dr Mwai Makoka, Programme Executive, Health and Healing. WCC hopes to increase their reach with churches through strategic partnership with CMAI. We will be partnering with WCC in areas of Mental Health and Institution Building.

During a packed three-day visit to

Europe, the last day was spent at the Guislain Formation Centre in Belgium where they met Fr Godfried, Br Norbert, and Br Jos Mathijssen which was followed by a meeting with Mr Prakash Goosenns at the Fracarita International. This Catholic organisation is willing to partner with CMAI in the area of Mental Health and a concept note for three levels of care has been discussed. This initiative will be taken up with our institutions who already have a mental health programme and we will work to improve the community component. The involvement of the Church is also being initiated in a strategic way.

Inclusiveness In Churches

NCCI-ESHA-CMAI organised a workshop on churches' inclusiveness in HIV and Gender sexualities from 22nd to February 2nd March 2018. CMAI gives technical support for NCCI in the area of health. This partnership is an on-going activity and CMAI gives expertise in areas required.

The Centre for Bioethics (TCB)

CMAI is one of the founding members of the TCB and Dr Priya John represents CMAI in the board and executive committee meetings.

This was held on the 3rd of March 2018 at St Stephens Hospital. The vision of TCB is to create a fair and equitable society in India in which individuals, families and communities can live in good health and with dignity regardless of age, gender, religion, education, economic status, and ethnicity through Ethical health care systems in India.

The mission of TCB is to improve healthcare through Bioethics by building a cadre of ethical health care professionals and ethicists who will provide leadership in the field of Bioethics and to provide a value based voice influencing the Nation to uphold the sanctity of life and dignity of humans.

Palliative Care

Attended the IAPC Conference held at AIIMS, New Delhi, 23rd – 25th February 2018

Dr. Stanley Macaden and Dr. B. Lalrambuatsaiha from CMAI and Ms. Nisha and Dr. Lulu Matthews from IPM, Calicut presented a poster on National Fellowship in Palliative Medicine (NFPM) thirteen years of experience at the Silver Jubilee of the International Conference of the Indian Association of Palliative Care.

Around one thousand delegates from over 30 countries attended the Conference. Delegates were interested in the NFPM course and the poster was highly appreciated.

CMAI Board of Management for the Biennium 2018-19 met on 7th April. The current Office Bearers are Dr Ajit Singh, President; Ms Onenlemla Mary Imsong, Vice President; Dr Bimal Charles, General Secretary; Mr Thampy Mathews, Treasurer; and Ms Mercy John, Editor. Members: Dr Bonam Wesley, Doctors; Ms Manjula Deenam, Nurses; Mr R Soundararajan, AHP; Dr Samuel N J David, Administrators; Fr Dr George Varughese, Chaplains; Dr Ophelia Mary Kharmujai, Regional Representative (North); Dr Rohini Suryavanshi, Regional Representative (Central); Dr Poorna Chandra Rao, Regional Representative (South); Dr Esther Liani, Co-opted member of the General Body.



Dr Priya John
CHD Consultant

COMMUNITY HEALTH DEPARTMENT

Project Diary

Maternal and Child Health and Development Project, Purnea, Bihar

The project staff conducted SHG and community meeting, discussed continuation of income generating activities and imparted awareness on mother and child health care. A team conducted the monitoring in February at Banmankhi and the villages in Purnea district.

The Church Leaders training on health & social action was conducted March 20th and 21st at BIC Church, Olitola, Purnea where 40 Church Leaders from different denomination of Purnea attended. Rev. Francis Turkey, Director of Social Development Centre of the Roman Catholic Church Purnea facilitated the initiative. They discussed topics such as Church for Social Action, Health Issues and Healing Ministry

Towards a holistic and inclusive action

The Community Health Department has developed a training module (ToT) for church leaders to build comprehension, analysis and application of major concerns in the community. Simultaneously we developed an assessment tool that determines the level of inclusiveness. This would challenge them to move to an upper level of action.

Background: CMAI is journeying in its project to create a platform for discussing various ways to engage with communities around them. Christian health care network in India contributes towards building a just and healthy society. CMAI based these activities on the four organizational strategies namely 1) Church Relations, 2) Capacity Building, 2) Justice and Equity and 4) Evidence, Research and Innovation. CMAI promotes holistic and inclusive action.

Empower Young Women for Maternal and Child Health

Another CHD Community intervention project is on Empowering Young Women in Rural Bihar for Improved Maternal and Child Health. Our project partner is Presbyterian World Service & Development (PWS&D), Canada. This project is implemented through Duncan Hospital, Raxaul, Bihar.

The goal of the project is to develop an integrated package of health and interventions to improve young women's reproductive and sexual health knowledge, enhance their ability to take part in important family decision making with regards to their welfare and to improve their social support networks.

The main activities include: Community mobilization, formation of target group such as young girls in the age of 11 – 22 years, young married women, pregnant women, mothers in law group and taskforce groups. We conduct training of frontline healthcare workers during VHND and HSC, visit homes by project staff and Community mobilizers for follow up of ASHA's due list and train taskforce groups on advocacy and networking.

Rural Tribal Women Health and Development project

Goal: To increase access to quality Health Care and also increase income for poor Tribal families especially women, from 10 villages of Ghoradongri Block, Betul District, Madhya Pradesh

Evaluation of the project done in February 2018 and the project extended for another year. One of the main recommendations is that there is a huge opportunity for CMAI, to plan many community capacity building exercises including trainings to various stakeholders, especially CHVs, SHG leaders, CCs, Village political leaders,

Government Health system staff - Health Centre staff, Anganwadi Workers, ASHAs, Village Nurse, youth men leaders. There are many opportunities to plan and implement consistent trainings at the field level.

A few outcomes from the evaluation:

Training programs have increased the knowledge base of the Trainees and is bringing behavioural changes.

CHVs are well aware of immunisation schedule for mothers and children and general output of programs are positive indicators of outcomes.

During the evaluation process, in all villages visited, minimum of 10 members from women SHGs attended were very comfortable to talk to the Evaluation Team.

Most of the groups felt that the esteem of CHVs in the village has risen among fellow villagers. Many women would ask CHVs to accompany them to Hospitals in Medical emergencies.

MIBE Graduate School for Nurses, Indore

(A unit of the Christian Medical Association of India)

REQUIRES

a Business Manager

Qualification: M.Com /B.Com with minimum 5 years of experience. Efficient in information technology, organizational ability & financial management.

Salary : As per GSN Rules.

Last date of Application: 20th May 2018

Ward Manager's Curriculum Ready

A distance education programme over a 3 month period, with 3 contact classes, including theory, practice, skill building and clinical exposure is ready to be implemented.

The course will be offered in different centers across the country. The ward sisters play an important role in the healthcare system. They are the link between patients, nurses, doctors and other team members and are the public face of the hospital.

The nurse managers represent a level of management, authority, and leadership to patients. They are central to achieving high standards of care, competence, and a caring culture.

The course will benefit middle-level nurse leaders/ward in charges/nurse managers and bed-side nurses with a minimum of 3-5 years experience

Learning and facilitator modules are ready to be implemented. Distance Education is with assignments: to be undertaken between workshops.

Observational visits will be of 1-week duration, to institutions of excellence.

Jancy Johnson
Secretary, Nurses League



Dr Sunita Abraham joins as Head - CHD

Dr Sunita is specialized in public health. She worked with CMAI for 8 years till the end of 2010 and has now re-joined as Acting Head, Community Health Department since February 2018.

She has worked with *Doctors without Borders* in India and Africa since 2011 and continues to serve on their South Asia board as President. Before re-joining CMAI, Sunita was Director of Projects in Oasis, in the area of anti-human trafficking.

INTERNATIONAL CONGRESS

ICMDA World Congress: Updates



The XVI International Medical and Dental Association's (ICMDA) World Congress 2018 is just round the corner. This event will be held at 'Leonia Holistic Destination', Hyderabad, Telangana!

Don't miss this great opportunity to meet with doctors/delegates from around the world and learn about the healing ministry around the globe. The congress

will not only establish links from around the world but also forge friendships that would last beyond the congress.

There are pre-conference seminars planned on 22nd and 23rd of August 2018 along with social events in the evening.

Register soon and be a part of this 'August' gathering. To register online and for more details of the program/seminars/paper presentations, please visit: www.icmda2018.org

Registration fees for SAARC countries including India is highly subsidised. Come to reflect, repent and renew.

NFPM & NFPN

continued from Page 5

To give new insights and perspectives and positively influence their outlook towards the practice of nursing i.e. from being medicine centric to person centric and being an equal partner in a team.

III. Palliative Care Campaign

The initial focus of palliative care workshops were held with church leaders, chaplains, counselors from hospital and churches. This includes spiritual and support care for the palliative care patients.

More inputs were provided for healthcare professionals in various settings with the emphasis being on mission hospitals challenging and encouraging as a Christian mandate to holistic care.

Please download the prospectus from the [cmai website](http://cmai.org). The link is given below:

<http://cmai.org/activities/departments/health-development/palliative-care/>

"If a child in its first thousand days — from conception to two years old — does not have adequate nutrition, the damage is irreversible."

— *Josette Sheeran*

Life for All

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