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Life for All

A Quarterly Newsletter of Christian Medical Association of India





The Healing Ministry theme for 2023, Being to Well Being. 3 John 2 has inspired us to change in many ways. The book by Jim Collins 'Good to Great' gives important practical ways to ensure good organisations slowly transform to great organisations.

CMAI looked at the ground realities and experiences through thought provoking and inspiring explorations of the Healing Ministry theme from a Biblical and practical perspective at the 13 Regional Conferences. The programme of the 47 BC was tailored around this perspective.

The 47th BC focused on three areas:

- (a) Characteristics of a Healthy work environment**
- (b) Communication within the organisation and**
- (c) Clarity of purpose for individuals and institutions deliberated from different points of view - biblical basis, individual and institutional understanding, and practical application.**

Suggestions as to where we need to channel our energy and resources to ensure better workplaces, better communication and have a God given understanding of purpose, for ourselves, for our institutions and for the community we serve.

The purpose of these sessions is Making the mission from good to great - Being to Wellbeing. Mission meaning- Working together, pro poor, ethical kingdom values, building His people, respecting all who need healing, being relevant for the need.

Combination of God's purpose for us as individuals and families along with a God given understanding of our own abilities can help to create a culture of discipline – disciplined people, disciplined thought and disciplined action. Every day striving to be better versions of ourselves and translating that into our workplace.

We look forward to 2024 with this enriching journey of Being to Well being, 2023 took us through. ■

KNOW THE SECTION

ADMINISTRATORS

~ Elsy John | Section Secretary ~



When did you join CMAI?

I became a part of CMAI in 1989, initially serving in the Finance Department. I remained with the Finance Team until 2016. In 2016, I transitioned to the role of Secretary for the Administrators Section and took on the responsibility of being the Office in charge in Bangalore.

Did you have exposure to Mission Hospitals before joining CMAI?

I gained exposure to Mission Hospitals through CMAI, not before joining the organization.

Were you involved in any CMAI activities during this period?

I did not participate in any CMAI activities before joining the organization.

What are the activities that you are focusing on presently as Nurses League of CMAI?

As the Secretary for the Administrators Section of CMAI, my current focus is on coordinating formal training and workshops, which include: Conducting a Diploma in Hospital Administration in collaboration with CMC Vellore.

Offering a Post Graduate Diploma in Medical Law and Ethics in association with the National Law School India University, Bangalore. Providing a Certificate course on Materials Management.

Organizing a 2-week Health Care Management Development Program.

Facilitating a Distance Education program in Hospital Finance.

Administering a one-year Distance Education course on laws related to Hospital Administration.

Additionally, efforts are underway to distribute the electronic newsletter "SCOOP" to all members of the Section and affiliated institu-

tions. The educational initiatives reflect the Section's dedication to offering professional-development opportunities, aiming to enhance patient outcomes and optimize healthcare operations.

Regarding membership, there is a proposal to create a graphical representation categorizing members by region and state. This visual representation would help identify gaps, enabling targeted efforts to strengthen sectional memberships.

Furthermore, hospitals are encouraged to adopt essential policies, whether mandated by the government or recognized as best practices. This adoption should be accompanied by staff training as part of Continuous Administrative Education (CAE).

What are the challenges you face in implementing various programs?

Several challenges may be encountered while implementing these programs:

Resource Constraints, Logistical Issues, and Coordinating activities across different locations, especially when dealing with distance education and NABH implementation sessions for multiple hospitals, may present logistical challenges, Participant Engagement:

Ensuring active participation and engagement from administrators in training programs and workshops is challenging, particularly when balancing their existing responsibilities. Adoption of Policies: Encouraging hospitals to adopt essential policies and practices

may face resistance, especially if they are not mandated by regulatory bodies.

Fundraising: Achieving fundraising goals for supporting programs and initiatives is challenging due to competing priorities and economic uncertainties. Evaluation and Quality Assurance: Ensuring the effectiveness and quality of the training programs and mentorship initiatives requires evaluation mechanisms, which can be challenging to establish and maintain.

By proactively addressing these challenges and developing strategic plans, the implementation of these programs can be more effective and successful.

Please share any recent activity that you have conducted.

At the Administrators Section's Annual General Meeting at XIDAS Jabalpur on November 22, 2023, Mr. Sunny Kuruvilla extended a warm welcome, emphasizing peer review and sustainable hospital missions. With 33 members present, the presentation of a comprehensive Section report, highlighting membership expansion, NABH standards, fundraising, regional activities, and institutional visits.

A suggestion for training program effectiveness evaluation was made. Mr. Sunny Kuruvilla discussed sustainability challenges. The 2023-2025 office bearers were elected, proposing the next national conference in May 2024 at Manali.

LOST MARKSHEET

I, **P KUSHPU** have lost Diploma in Nursing Certificates. If any kindhearted person finds it please contact: P Kushpu, No 16/71, New Shop Line,, V.K. Road, Pernambut, Vellore District, Tamil Nadu - 635 810. Mobile No: 97914 81646, 9003539285

LOOKING FORWARD TO 2024 FOR REGULATION OF ALLIED HEALTH COURSES IN OUR COUNTRY.

~ Lyric Abraham | Allied Health Professionals Section ~

On a follow-up visit to the Ministry of Health and Family Welfare on 14th December 2023, the Deputy Secretary Dr Poonam Meena informed us that the Chairperson for the new National Commission for Allied and Healthcare Professions has been announced on 11th December 2023.

The chairperson Dr Yagna Shukla, from Ahmedabad, Gujarat will be assuming the Delhi office in January 2024 to start the functioning of the NCAHP. As per the ministry, allied health education is a state subject so each institution has to approach the respective state allied health council to get the courses under the purview of NCAHP. They also mentioned that the students who completed 2000 hours of training would be able to register in the National registry as mentioned in the NCAHP Act 2021

Benefits of Regulation:

Standardization of Education: A national commission can help standardize Allied Health courses, ensuring that the curriculum, training, and certification processes meet specific quality standards.

Quality Assurance: Regulation can contribute to maintaining and improving the quality of Allied Health education, leading to well-trained professionals who can provide high-quality healthcare services.

Professional Recognition: A standardized and regulated system can enhance the recognition of Allied Health professionals, both nationally and potentially internationally, contributing to their professional status and career opportunities.

Patient Safety: Well-regulated education and

training programs can contribute to better patient safety by ensuring that Allied Health professionals have the necessary skills and knowledge to perform their duties effectively and safely.

Employer Confidence: Employers may have increased confidence in hiring professionals who have completed accredited and regulated Allied Health courses, leading to a more skilled and competent workforce.

The creation of a National Commission for Allied and Healthcare Professions and the associated act can be a positive step toward ensuring the quality and standardization of Allied Health education in India. Hope it will help genuine training providers like CMAI Central Education Board which has 90 years of training history in our country.

However, the successful implementation of such regulations will depend on addressing various challenges and ensuring the involvement of key stakeholders in the process.



LOST MARKSHEET

I, **SUMATHI RAJAPANDI**, have completed my GNM in 2003 at Sis. Morch School of Nursing Chickballapur, Karnataka. Unfortunately I have lost my certificates during travel. If any kindhearted person finds it please contact: Ms Sumathi Rajapandi, South Street, Manjuvilai, Kalakad, Tirunelveli, Tamilnadu-627501

THE SHELL OF CMAI HEALING MINISTRY 2024: PERFECT PEACE

~ Rev David Ebenezer | Chaplains' Section ~

CMAI observes the Healing Ministry every year for the whole second week of February. This observance serves as a reminder and celebration of the healing ministry, promoting solidarity among Churches and Institutions to support CMAI in fulfilling its mission and vision.

Sunday

The theme for the CMAI Healing Ministry 2024 is 'Perfect Peace' which is derived from the letter of Paul to Ephesians 2:14 (NIV), "For he (God) himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility."

This verse carries a profound message about the transformative work of Jesus Christ in reconciling formerly hostile groups and creating unity. It speaks of peace not only between individuals but also between different groups of people. This reminds us that Jesus Christ is the source of perfect peace not merely a provider of peace rather He is peace itself. In a world filled with conflicts, divisions, and hostility, Jesus stands as the unifying force that brings people together.

The Perfect Peace of Christ allows us to shape our lives, infusing our hearts with His transformative power. May Jesus' peace reign in our hearts, families, communities, and the world, creating a legacy of peacefulness and hope for generations to come.

Day - 1 (Monday)

"The Peace of Christ: Reigns" finds inner peace through gratitude and choosing a positive perspective in life, drawing inspiration from the biblical passage Colossians 3:15. The cen-

tral message emphasizes the importance of gratitude and choosing peace despite life's challenges. It suggests that peace is not the absence of difficulties but the ability to remain calm and focused amidst chaos.

The reference to King David's experience highlights the idea that choosing peace is a conscious decision, irrespective of external circumstances. The text encourages a Christian perspective on spirituality, portraying it as an art that brings inner peace amid life's trials.

Day - 2 (Tuesday)

"The Peace of Christ: Solidarity" brings the concept of solidarity in the context of recent global conflicts, emphasizing the importance of unity and empathy amidst human suffering. Grounded in the biblical verse from Hebrews 12:14, the synthesis draws attention to the tragic events in the world, highlighting the shared humanity that transcends borders and affiliations.

The narrative underscores the transformative power of Jesus Christ's love, exemplified through His incarnation and ultimate sacrifice to bring about peace and reconciliation between humanity and God. It encourages individuals to promote the areas where they can extend solidarity and Christ's peace within themselves and towards others.

Day - 3 (Wednesday)

"The Peace of Trinity: Recognizes" investigates the biblical concept of hope within the context of salvation history, as depicted in the book of Romans. The narrative begins by highlighting the historical use of hope, primarily centred around the anticipated

arrival of the Messiah. This Messianic expectation, traditionally exclusive to the Jewish community, is redefined by the apostle Paul more inclusively through Jesus.

In Romans 15:13, hope is portrayed with a dual nature: the promise it holds and the demand it places. The promise of hope brings joy and peace, essential desires in the post-modern world, while the demand for hope requires individuals to grow in hope with the assistance of the Holy Spirit. It encourages readers to actively engage in recognizing and embracing hope and peace in their daily lives and look after a continuous connection with the divine.

Day - 4 (Thursday)

"The Peace of Christ: Reconciliation & Relevance" describes the profound message of Ephesians 2:17, where the apostle Paul emphasizes the transformative power of Christ's teachings on peace and reconciliation. This reconciliation is not exclusive but inclusive, intended for people of all backgrounds, emphasizing the universal nature of God's love and grace.

It is interpreting the call to preach peace to those who are "far away" as an invitation to share the Christian message globally, breaking down geographical and cultural boundaries with contextual life. The universal significance of the peace brought by Christ encourages believers to actively engage in preaching reconciliation in their personal lives and interactions with others, both near and far.

Day - 5 (Friday)

"The Peace of Christ: Reassurance", is the theme based on the profound words of Jesus in John 14:27, where he offers a unique and enduring peace that transcends worldly understanding. In a world marked by chaos and fear, Jesus' reassurance becomes a source of solace for those seeking peace that remains steadfast amidst life's turbulence.

The sermon highlights the availability of this peace in times of trouble or fear, emphasizing that it is a gift from Jesus. It encourages practices such as prayer and meditation on scripture to deepen one's relationship with Christ and access this profound peace. Ultimately, the message urges trust in the promises of the Prince of Peace, fostering a sense of reassur-



ance and security in the knowledge that believers are held in His hands.

Day – 6 (Saturday)

“The Peace of Christ: Strengthens and Blesses” explores the transformative power of God’s strength and peace in the journey of life. Drawing inspiration from Psalm 29:11, the passage emphasizes that despite the inevitable challenges we encounter, the Lord’s strength is a force that empowers individuals to overcome difficulties.

The narrative underscores that God’s strength works within us, fortifying our weaknesses and shaping us into better individuals. It acknowledges the trials of life that may attempt to weigh us down but emphasizes that the strength of God enables us to stand tall and move forward, undeterred by the battles we face. In a world often shrouded in darkness, the Lord’s strength serves as an

anchor, providing the power to rise above circumstances. It emphasizes the importance of drawing knowledge from God, asserting that the peace of Christ strengthens and blesses individuals.

Conclusion

The theme of CMAI Healing Ministry 2024 ‘Perfect Peace’ emphasises that Jesus Christ is the source of peace, reconciling different groups and breaking down the barriers which bring unity and peace among people, transcending any hostility or division that may exist.

Let us seek to rediscover peace, and reflecting on this theme may encourage us to turn to faith, spirituality, or the teachings of Jesus for guidance and solace. Many find comfort and a sense of peace through our spiritual beliefs and practices. Amen

NURSING INFORMATICS- AN INTRODUCTION

~ Shimy Mathew | Nurses League ~

We are here already nearing the end of this year 2023! Days and months are moving so fast and so are the changes and trends in our profession and health care. Information Technology and its application is now everywhere and in every aspect of our life.

We had an informative session on “Introduction to Nursing Informatics” at the Annual General Meeting of the Nurses League during the 47th CMAI National Biennial Conference of CMAI at Jabalpur. The Resource Person, Mrs. Reena George, professor from the College of Nursing, CMC, Vellore specialized in Nursing Informatics, highlighted the

importance of nurses getting trained in Information Technology in Health care for the practice of using data and technology to improve patient experiences and outcomes.

Some excerpts from her session are given below:

1. Nursing Informatics Specialists (NIS) inform and influence IT systems: Nursing informatics specialists work with EHR and EMR systems in maintaining, optimizing, collecting, and analyzing health-related data. NIS helps to develop, implement, and optimize computerized patient information

systems. NIS are perfect liaisons between the clinical and technical communities as they are trilingual. They understand the clinical language of efficient patient care and hence can translate this clinical language into the technical language of business analysts and programmers. They also can communicate clinical and technical matters with administrative leadership.

2. NIS as Trainers in clinical IT systems: Clinical IT systems are complicated, and their interfaces and workflows are not always intuitive. NIS are well-suited to teach other nurses to get the full benefits of these systems.

3. NIS gathers evidence to identify best clinical practices in Nursing: Nurses' standardized notes are immediately available to physicians and other caregivers through EHR systems. Also, workflow and decisions are more informed and efficient. They generate evidence to prove which clinical practices are best, offering limitless research opportunities.

4. NIS help in designing and implementing telehealth systems: Education, self-management training and follow-up for patients and families can be facilitated through effective telehealth services extended by nurse specialists and nurse educators.

5. NI improves Patient Care, Patient Safety, and Outcomes:

This can be achieved with more efficient electronic health records, better care coordi-

nation, research and application of clinical best practices, training of other nurses, analytics-based predictive models, new avenues for patient education, and support for telehealth technology. NIS would be instrumental in designing and maintaining such efficient systems that eventually sum up to improved patient safety and patient care outcomes.

6. Interoperability that allows the exchange of clinical information meaningfully across healthcare systems

Adoption of nationally agreed nursing and data quality standards allows for improved data integration, information sharing, performance monitoring, data analytics, patient safety, and quality.

How do patients benefit from nursing informatics?

Better communication and care coordination between team members, fewer medical errors, more informed clinical decision-making, shorter hospital length of stay, lower admission and readmission rates, and better self-management & follow-up through telehealth services.

I hope these notes are useful and hope it creates interest in further learning on the topic and the specialty. Nurses League is planning a short course on Nursing Informatics. We will keep you updated on this soon.

LOST MARKSHEET

I, **Chandra S**, have lost my mark list bearing number 10454, register number 5296 from The Board of Nursing education. If any kindhearted person finds it please contact: Ms Chandra S, W/O L.Jayamprakash Management Assistant, Nallathanni West division, Munnar and post, Kerala -685612

COMBATING ANTIMICROBIAL RESISTANCE IN INDIA: A CALL TO ACTION FOR MISSION HOSPITALS

~ Abhijeet Sangma | Doctors Section ~



In the evolving landscape of global health, the rising threat of Antimicrobial Resistance (AMR) in India demands urgent attention. The National Centre for Disease Control (NCDC) reports that India faces one of the highest levels of AMR globally, with severe implications for public health. Let us explore the reasons behind this surge and understand the role Mission Hospitals can play in tackling this critical issue.

The recent NCDC report reveals alarming trends, indicating that bacteria such as *E. coli*, *Klebsiella*, *Acinetobacter*, *Staphylococcus aureus*, and *enterococcus* have developed

resistance to even the latest generation of antibiotics. Commonly used antimicrobial drugs, including third-generation Cephalosporins, Imidazoles, Amino-glycosides, Ceftriaxone, Metronidazole, Amikacin, and Piperacillin, are becoming ineffective against infections.

Multiple factors have contributed to the growth of AMR in India, ranging from the misuse of antimicrobials and inadequate laboratory facilities to a lack of trained healthcare personnel and inappropriate use of antimicrobials in agriculture, poultry, and fishery. Challenges such as overcrowded healthcare facili-

ties, contamination around pharmaceutical manufacturing sites, inadequate sanitation facilities, and improper infection prevention in healthcare institutions further worsen the problem.

We all know, the consequences of AMR are profound, posing a threat to the healthcare system, causing loss of human lives, economic repercussions, and even the looming possibility of the next pandemic being caused by drug-resistant superbugs.

India has taken significant steps to combat AMR, ban of antimicrobial usage in agriculture, the National Programme on AMR Containment, setting up of National AMR Surveillance Network (NARS-Net), the Delhi Declaration on AMR (inter-ministerial support), the Chennai Declaration (H1 rule), and the Red Line campaign to prevent irrational use of prescription-only antibiotics and create awareness on the dangers of taking antibiotics without prescription.

Role of Mission Hospitals in AMR Containment

We the Christian healthcare institutions with our commitment to community, can play an important role in tackling AMR. Here are some key contributions that Mission Hospitals can make:

1. Patient Education and Awareness: We can actively engage with patient in educating

them and raise awareness about the dangers of self-medication and the importance of completing prescribed antibiotic courses.

2. Infection Prevention Practices: We can look at implementing robust infection prevention practices within hospitals to significantly reduce the spread of drug-resistant infections.

3. Adherence to Antibiotic Stewardship: We can lead by example in adopting and promoting antibiotic stewardship programs, ensuring judicious antibiotic use in line with established guidelines.

4. Capacity Building: We can invest in training healthcare personnel to enhance their knowledge and skills in antibiotic selection, escalation, and de-escalation, contributing to better patient outcomes.

We invite you to share your experiences and innovations in tackling AMR within your institutions. How have you addressed challenges related to AMR? Have you implemented any unique strategies or programmes? We encourage you to contribute to this collective effort by sharing your insights and success stories.

As we navigate these challenges, let us unite in the mission to preserve the efficacy of antibiotics, ensuring a healthier and sustainable future for all.

In solidarity for a resilient healthcare system!

LOST MARKSHEET

I, **DR. TULSHI SHRINGI**, have lost educational certificates. If any kindhearted person finds it please contact: Director Prayagraj College of Nursing, Dhar (M.P) , Director Tulshi Nursing Competitive Institute, Indore (M.P), Executive Director & Principal Subhdeep College of Nursing, Indore (M.P)
Email: tulshishringi@gmail.com, Mobile: +91 8602130754

Dear Members and Readers,

Life for All (LFA), as a quarterly newsletter of CMAI is a great opportunity to connect directly with our membership. We put together news, highlights of events, reports from the field, a notice board of future activities, important announcements and regular columns by the Secretaries of 5 Sections of CMAI.

Being the Voice of CMAI: I encourage you to come forward and give feedback, ideas and views, in order to further share CMAI's vision and mission in action.

We have uploaded the e-versions of LFA along with Christian Medical Journal of India and TearFund's magazine Footsteps. Kindly visit our website (www.cmai.org/publications.html) to view and download these publications of CMAI.

Write to us: As we continue to disseminate information on behalf of CMAI, connect with us via email (communication@cmai.org) to help our commitment to promote holistic healing to all.

Regards,

Christopher N Peter, Lead - Communication Department



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